

SUMMER KIT LIST

ALL COURSES

- ☑ Waterproof Jacket & Trousers
- ☑ Fleece
- ☑ Long Trousers
- ☑ Sunscreen, hat & glasses
- ☑ Waterbottle & Food
- ☑ Blister kit & personal medication

ROCK COURSES

- ☑ Rockboots *
- ☑ Chalkbag
- ☑ Harness *
- ☑ Helmet *
- ☑ Belay Device, Nut Key (if you have them)
- ☑ Rucsac (45ltr)*
- ☑ Lightweight windproof

SCRAMBLE / MOUNTAIN COURSES

- ☑ Walking boots $\frac{3}{4}$ shank*
- ☑ Rucsac (30ltr)*
- ☑ Extra top
- ☑ Hat & Gloves
- ☑ Headtorch & spare batteries
- ☑ Poles (if you use them)
- ☑ Compass (preferably silva Type 4)
- ☑ Map

*These items may be borrowed

